

MONDAY

10:00-11:00 AM - **REACHING FOR PERSONAL FREEDOM AFG**

Zoom Only

Meeting ID: 836 8606 5288 Passcode: 102390 (FFAOW) (HCA)

10:00-11:30 AM - **EASY DOES IT AFG**

Word of Life Lutheran Brethren Church
9028 51st Ave. N.E., Marysville;
(HCA) (FFAOW)

7:00-8:00 PM - **BOTHELL MONDAY NIGHT AFG**

Park Ridge Community Church, 3805 Maltby Rd.,
Bothell (FFAOW) (H)

7:00-8:00 PM - **NEW FREEDOM AFG**

Mukilteo Presbyterian Church
4514 84th St. W, Mukilteo
portable building south of church
(FAFO)

7:30-8:30 PM - **LAKE STEVENS STUDY, WRITE & SHARE AFG**

First Baptist Church, 1702 Main St., Lk Stevens
(FFAOW) (AA)

TUESDAY

9:30-11:00 AM - **REFLECTIONS AFG**

Hope Foursquare - 5002 Bickford Ave, Snohomish
Enter thru the NW side door (FFAOW) (HCA)

11:00 AM-noon **LETTING GO AFG**

Carl Gibson Center, 3025 Lombard, Everett,
Mt. Olympus Room, office 1 (FFAOW)
(FFAOW) (HCA) - Beginners Welcome

7:30-9:00 PM - **MONROE-SULTAN AFG**

St. Mary of the Valley, 601 W. Columbia, Monroe

WEDNESDAY

9:30-10:30 AM - **LANGLEY AFG**

Methodist Universal Church
Corner of 3rd and Anthes, Langley
Fireside Lounge - follow the arrows.
You can also join via Zoom
Meeting ID: 654 484 314
Passcode: 793292
FFAOW - HCA

10:30 AM-12:00 PM - **CHECK IT OUT AFG**

****closed for the day on May 1, 2024****

Word of Life Church, 9028 51st Ave NE, Marysville
(FFAOW) (HCA)

7:00-9:00 PM - **SNOHOMISH WEDNESDAY NIGHT AFG**

Snohomish Evangelical Free Church, 210 Ave. B.,
Snohomish Downstairs in Room #4
(FAFO)

7:00-8:30 PM - **LET IT BEGIN W/ME AFG**

Cascade View Presbyterian Church,
1030 E. Casino Rd., Everett
(FFAOW) (HCA)

THURSDAY

11:00 AM-12:30 PM - **MILL CREEK STUDY WRITE & SHARE AFG**

North Creek Presbyterian.
621 164th St. S.E., Mill Creek Enter at back of church
(FFAOW) (HCA)

FRIDAY

5:30-6:30 PM - **HOPE FOR TODAY AFG**

Bethel Baptist Church at 2625 Hoyt Ave
Park in lot behind church adjacent to the bank. Go
down outside stairs to east entrance. Meeting is in the
basement in The Brashler Room.
(FAFO) (HCA)

FRIDAY (continued)

7:00-8:00 PM - **FREELAND FREE TO CHANGE AFG**
MEETING ID 869 4682 9947 PASSCODE: hope
(FAFO)

7:00-8:30 PM - **HOME AFG**

Advent Lutheran Church, 4306 132nd St. S.E.,
Mill Creek; in portable A next to church
(FFAOW) (HCA)

7:30-9:00 PM - **HOPE ON HWY 9 AFG**

Calvary Chapel, 9428 4th St. S.E. Lake Stevens
(FFAOW) (HCA)

7:30-9:00 PM - Lake Stevens Friday Night **ALATEEN**

*****NEW*****

Calvary Chapel, 9428 4th St. S.E. Lake Stevens
(FFAOW) (HCA)

SATURDAY

10:30-11:30 AM - **UN DIA A LA VEZ AFG**

Eco Latino Bldg, 4824 Evergreen Way, Everett
Spanish Speaking (FFAOW)

Abbreviation Key

FFAOW - Friends, Family &
Observers Welcome

FAFO - Friends and Family Only

HCA - Handicap Accessible

CH - Childcare

AA - AA Meeting same time

version

4/13/2024

AL-ANON IS:

- A FELLOWSHIP of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking.
- A MUTUAL SUPPORT recovery program based on the Twelve Steps of Alcoholics Anonymous (AA).
- A NONPROFESSIONAL fellowship where members share their experience, strength and hope to solve their common problems.
- A recovery program with the ANONYMITY of all Al-Anon and AA members protected.
- A SPIRITUAL program that is compatible with all religious beliefs or none.
- A program with the SINGLE PURPOSE of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A WORLDWIDE fellowship with more than 32,000 groups, in over 104 countries, that has been in existence since 1951.

- COMPATIBLE with professional treatment. Statistics show 63% of its members received treatment / counseling after attending Al-Anon.

- FREE OF CHARGE and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

AL-ANON IS NOT:

- Allied with any sect, denomination, political entity, organization or institution.
- Involved in any outside issues - neither endorses nor opposes any cause.
- Affiliated with AA, although both fellowships do cooperate with one another.
- Considered a religious organization, treatment center, counseling agency or teaching program.
- Intended for families of drug abusers or individuals with other difficulties unless there is a problem of alcoholism as well
- Conducted by professionals.
- Intended as a replacement for professional treatment.

ALATEEN IS:

- A part of Al-Anon.
- For young people who have been affected by someone else's drinking.

ALATEEN IS NOT:

- A program for young people seeking sobriety.

<https://www.dist23.org>
District 23 includes – Bothell, Everett,
Freeland, Lake Stevens, Langley,
Marysville, Mill Creek, Monroe, Mukilteo,
Snohomish

<https://www.seattle-al-anon.org>
Greater Seattle Area
Dist. 14 thru 22 includes—Auburn,
Bellevue, Bothell, Burien, Carnation,
Covington, Des Moines, Edmonds, Federal
Way, Issaquah, Kent, Lynnwood, Renton,
Seattle & Vashon Island

<https://district28alanon.com>
Snohomish County North
District 28 includes—Camano Island,
Arlington, Granite Falls

<https://wa-al-anon.org>
Washington State Al-Anon

<https://al-anon.org>
World Service Office



FAMILY GROUPS

Meeting Directory

DISTRICT 23

425-348-7828