

Upcoming Events - information at www.dist23.org

AI-Anon Calendar

October 3
DISTRICT 23 MONTHLY MEETING
Trinity Episcopal Church
2301 Hoyt Ave.
Everett, WA 98201
Time: 6 p.m.

October 6-8
FALL ASSEMBLY
Pilchuck Event Center
Holiday Inn Express and Suites
8606 36th Ave NE
Marysville
Register Now: 360-530-1234

October 14
FALL FESTIVAL
REGISTRATION EXTENDED
11:00-2:00
North Creek Presbyterian Church
621 164th St. SW
Mill Creek 98012
Contact: Donnell
activitiescoordinator@dist23.org

October 24
Step By Step Spiritual Journey AFG
4th Tuesday Speakers Meeting
Tuesday October 24th, 12:15-2:15
Sanctuary Covenant Church
4502 Rucker Ave., Everett
[FLYER \(click here\)](#)

Alateen Calendar

October 14
LIVE TRAINING SESSION - AMIAS
Al-Anon Members In Alateen Service
Time and location TO BE ANNOUNCED
Contact by email:alateen@dist23.org

Save The Date

November 7
DISTRICT 23 MONTHLY MEETING
Trinity Episcopal Church
2301 Hoyt Ave.
Everett, WA 98201
Time: 6 pm

District 23

AI-Anews October 2017



“Changing Me to We”
Dist23.org

I must learn trust

I looked up the word trust in the dictionary. The definition read, “ a confident reliance on the integrity veracity, or justice of another; confidence faith, also the person or thing trusted.” Before Al-Anon I confused trust with gullibility. I would believe what I was told regardless of how many times it was proven untrue....Before Al-Anon I would have thought that I must simply accept without question or without further investigation....A part of my trust must be trusting that the person or thing will be accountable and thus willing to explain their answers. We place our trust in a Higher Power. Then we trust our leaders to act in our best interest - to fulfill their responsibilities.

Excerpt: Paths to Recovery, Al-Anon's Steps, Traditions and Concepts, Page 307, Al-Anon Family Groups

