

GROUP REPRESENTATIVE (Elected by Home Group Members)

IN GENERAL

- Term of 3 years
- Cannot also be a member of Alcoholics Anonymous.
- “Represents the group’s concerns and wishes at the District and Area, as well as informing the group of what is happening in Al-Anon in the District, Area, and worldwide.” (Al-Anon/Alateen Service Manual 2022 – 2025 p.64).
- “GRs are entrusted with the Right of Decision to vote on behalf of the group according to their conscience and the good of Al-Anon as a whole” ([Al-Anon/Alateen Service Manual](#) 2022 – 2025 p.64).
- “A group that fails to have a Group Representative denies its members a voice and causes a break in the link of communications” (Al-Anon/Alateen Service Manual 2022 – 2025 p.68-69).
- Familiar with Al-Anon and Alateen Service Manual including:
 - Duties of Group Representative (GR) (Al-Anon/Alateen Service Manual 2022 – 2025 p.144-146).
 - World Service Conference Structure Graphic (Al-Anon/Alateen Service Manual 2022 – 2025 p.176).
 - Anonymity in Service (Al-Anon/Alateen Service Manual 2022 – 2025 p.101).
 - Use of Group Funds (Al-Anon/Alateen Service Manual 2022 – 2025 p.109).
 - Elections (Al-Anon/Alateen Service Manual 2022 – 2025 p.152 -157).
 - District Meetings (Al-Anon/Alateen Service Manual 2022 – 2025 p.158).
 - Assemblies (Al-Anon/Alateen Service Manual 2022 – 2025 p.160).
- Familiar with District 23 Website – www.dist23.org
 - All Suggested Position Guidelines available by clicking on Position title on Services Tab
- Familiar with Washington Area Handbook available by email, pdf format, from DR
 - List of Al-Anon Acronyms available in this resource
- Familiar with WSO Guidelines found at (<https://al-anon.org/for-members/members-resources/manuals-and-guidelines/guidelines/>) including:
 - G-11 Group Representative (<https://al-anon.org/pdf/G11.pdf>)
- Forum representative – encourages the group to subscribe and submit writings to the monthly publication offered by WSO (Al-Anon/Alateen Service Manual 2022 – 2025 p.146)
- Having a Service Sponsor is strongly recommended please see P-88 *Service Sponsorship Working Smarter, Not Harder*
- To receive your personal email subscription to the Washington Wanderings (Washington Area Newsletter with motions, reports, etc. for Assembly), create or sign-in to the Washington Area Website member account. You will find Washington Wanderings under “Resources-For Members.” Electronic version is free, paper copies are available for cost of printing.

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MONTHLY

- Attend District 23 monthly business meetings (or ask Alt GR if unable) “Group Representatives attend District meetings to discuss business matters and share their group experiences with each other.” (Al-Anon/Alateen Service Manual 2022 – 2025 p.74.)
- Review meeting minutes from District Secretary and submit corrections.

ANNUALLY

- Attend Washington Area Assemblies (Pre-Con - Voting Assembly, SSA - non-voting Assembly to hear Delegate’s Report from World Service Conference (WSC), Fall Assembly - Voting Assembly)

AS NEEDED

- Help is available, please ask for what you need support with!
- Communicate to Group members any open District Positions and how those interested can obtain Suggested Position Guidelines on District Website and/or contact DR for further information.
- Be available as a resource to Group members
- Update personal contact information with District Secretary and Website Coordinator for forwarding district email purposes. Contact Website Coordinator for help accessing district email account directly.
- December 2021 Motion passed "On a three year trial basis District 23 approves the creation of a 'Service Materials' Budget for the Literature Depot account of up to \$500 to provide District Panel members CAL they do not already have, to include: *The Twelve Steps and Traditions* pamphlet (P-17); *Al-Anon/Alateen Service Manual* (P-24/27); *The Concepts – Al-Anon’s Best Kept Secret?* pamphlet (P-57); *Al-Anon’s Twelve Traditions Illustrated* pamphlet (P-60); *When I Got Busy, I Got Better* booklet (P-78); *Service sponsorship: Working Smarter Not Harder* pamphlet (P-88); *Links of Service* pamphlet (S-28); *Attracting and Cooperating* pamphlet (S-40); *Joy of Service* pamphlet (S-57); *Using Al-Anon Principles to Resolve Conflicts Kit* (K-70)." That means this particular Conference Approved Literature is available free of cost to any Trusted Servant in service to District 23. Please contact the Literature Depot Coordinator to place an order.

“We are not in this alone! Together We Can Make It! Let It Begin With Me!”